

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jarred Venter**

Has successfully participated & completed the  
**5km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 00:55:31**

**PACE 11:06/km**  
**OVERALL 55 of 97**

**GENDER 25 of 31**  
**OPEN 14 of 15**

23 June 2019, Sun

Date



*BoutTime*

Signature

